



Community Connections Newsletter

Activities and opportunities to help you gain friendships, grow independence and be included in your community!

Advocacy

Adventures in Advocacy

A fun group that helps you learn about speaking up & making informed decisions in YOUR life.

3:30-4:30pm

September 8, 15, 22

October 13, 20, 27

At Riverside OR Zoom
Meeting ID: 897 4781 3741
Password: 015307

Regional Advocacy Conference

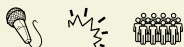
REGISTRATION REQUIRED

Learn about making healthy lifestyle decisions in your life.
(Lunch included)

10am-1pm

September 24

At Riverside Gym



Aktion Club

Make friends while developing service and leadership skills.

3:30-4:30pm

September 1

No Aktion Club in October

At Riverside OR Zoom
Meeting ID: 897 4781 3741
Password: 015307



Audio Book Time

Current book:
"Anne of Avonlea"

3:30-4pm

September 3, 10, 17, 24

October 1, 15, 22, 29

Zoom ONLY
Meeting ID: 852 6643 1890
Password: 0Hh1H5

Bell Choir

Come play bells with us!
All skill levels are welcome.

Day & Time of Practices TBA



Bicycle & Pedestrian Safety

Learn to navigate your community safely!

Call today for an Appointment!

Book Club

New worlds through reading!

4-5pm

September 9, 16, 23, 30

October 14, 21, 28

In person and Zoom.
Register for book and log-in information.

Breakfast Chit Chat

Conversation and breakfast with friends at local Troy restaurants.

9:30-11am

September 7- Troy Red Berry

September 21-Troy Frisch's

October 5-Troy Bob Evans

October 19-Troy Lincoln Square

Budget Basics

Join your friends as you Learn about managing your money.

5-6:30pm

September 8, 15, 22, 29

Chit Chat

Join your friends & make new ones just chit-chatting on Zoom.

3-4pm

September 7, 14, 21, 28

October 5, 12, 19, 26

Zoom ONLY
Meeting ID: 837 9680 4980
Password: 9AeR8x

Bingo

Bring your snacks and drinks!

5:30-7pm

September 23

October 21

At Riverside (Gym)



Reminder: Registration BEGINS at 9 am on August 26!
Please wait until August 26 to sign up for activities.

Sensory Key for Events

Crowded: Lights: Mic: Noise:

Friday Workout at Complete Fitness

Join friends for fitness and exercises.

12-1pm
September 3, 10, 17, 24
October 1, 8, 15, 22, 29



Cooking

"Cooking Buddies"

with Alisha Barton,
 OSU Extension Office
 Learn healthy kitchen habits & skills.

1pm
Date: September 9
October 14

Zoom ONLY
 Register for details and link.



"Joy of Cooking"

Prepare simple recipes
 with Joy Starry and friends.

5-6:30pm
September 2
October 7

Zoom ONLY
 Register for details and link.

Crafts with Chrissi

REGISTRATION REQUIRED

Create a seasonal craft.

6-7:30pm
October 14

At Riverside

Fun with Friends

You pick where you want to go,
 who you want to go with and what
 you want to do.

By appointment. Register to plan.

Halloween Dance

MUST REGISTER AND PRE-PAY

Join your friends for Fazoli's
 Spaghetti Dinner and Dancing!

6-8pm
October 29

\$10 Dance/Dinner
 \$5 Dance only

At Riverside Gym



Hike Miami County

Learn about nature. We walk, sit,
 listen and observe.

9:30-11am
September 14 Lost Creek
Reserve, 2385 St. Rt. 41 Troy
September 28, Brukner Nature
Center, 5995 Horseshoe Bend Rd.

October 26 Charleston Falls,
2535 Ross Rd. Tipp City

Register for ride details.

KISS Concert

REGISTER AND PAY AHEAD

Van leaves Riverside at

5:15pm
September 2

Tickets are \$49.50 per person



Life Skills

Home Care, Healthy Lifestyle
Choices & Proper Hygiene

For more independence, build skills in:

Budgeting
 Learning to tell time
 Learning to read/vocabulary
 Basic technology
 Cooking
 Housekeeping
 Grocery shopping

Register today to get started!

Movie Night

Grab a snack and join your
 friends for a night in at the movies.

6-8:30pm
September 3, 17
October 1, 15, 22 (Scary movies)

Zoom ONLY
 Meeting ID: 899 5989 0118
 Password: 023041



Music Fun

A fun-filled hour all about music.

3-4pm
September 6, 13, 20, 27
October 4, 11, 18, 25

Zoom ONLY
 Meeting ID: 872 2241 1025
 Password: 6ba6C8



Special Olympics

MUST REGISTER TO PLAY

Make new friends while playing or
 cheering for the Miami County Magic
 Teams. All abilities welcome!

Cheerleading - TBD

Flag Football

1st practice - September 13, 5:30-6:30pm

Powerlifting

Practice on Tuesday & Thursdays

Swim - TBD

Call us for details!



Special Skills Sports Basketball Camp

- Conditioning
- Defense-layups
- Dribbling-Passing
- Shooting-Play

8:30am-3:30pm
October TBD

At the Schottenstein Center,
 Columbus, Ohio



Reminder: Registration BEGINS at 9 am on August 26!
Please wait until August 26 to sign up for activities.

Sensory Key for Events

Crowded: Lights: Mic: Noise:

Special Skills Sports Tennis Camp

- Speed & Agility
- Lob and Net Play
- Forehands
- Backhands
- Serving-Play

**8:30-3:30pm
September 30**

At the Lindner Family Tennis Center
Mason Ohio



Travis Tritt Concert

REGISTER AND PAY AHEAD

October 21

Tickets are \$45 per person

Van leaves Riverside at 6:15pm
or meet at Hobart Arena



West Milton VFW Hosting 32nd Annual Special Olympics Benefit

Games, Door Prizes, Food,
Entertainment & Raffle!

*Raffle tickets available to
purchase at Riverside*

**6-11pm
October 16**

Van leaves Riverside at 5:30

REGISTER FOR A RIDE



Sports Lessons

Do you want to learn skills in a
new sport? Call us today!

Wednesday Workout

On Zoom

Stretching, cardio, and relaxation
techniques. Needed: computer or
device, comfortable clothing, and
workout space. Fun that is good
for your body and mind!

**5-6pm
September 1, 8, 15, 22, 29
October 6, 13, 20, 27**

Zoom ONLY
Meeting ID: 867 8124 5321
Passcode: XSaS8w



Young Athletes Play & Sports Groups

REGISTRATION REQUIRED

Kids ages 2-7 and of all abilities,
come learn basic sports and balance
skills with kids your age!

**5:30-6:30pm
September 30
October 28**



Swim Lessons

Do you want to learn to swim but
need some extra support?
Call us today!

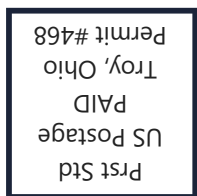
How to Register:

- You must register for each in-person activity to participate.
(Zoom activities do not require sign up.)
- To register, please contact Krista at 937-310-3260 or krista.smith@riversidedd.org.
- Pre-Paid Events. You have several options.
 1. Call/Email/Leave a voicemail. Once Krista has confirmed with you the events and the amount, you will immediately mail a check made out to: Riverside Recreation
 2. Drop off check or exact change payment (in an envelope, please) at Riverside in metal drop box by the front lobby door.
 3. Mail completed check(s) (made payable to Riverside Recreation) to Riverside, ATTN: Krista Smith.
If you choose this option, you must:
 - Include the name & date of the event in the memo portion of the check.
- Please call to cancel if you cannot make it to an activity you have registered for; we often have a waiting list for events and activities.
- We are sorry, but we cannot provide refunds for events that are pre-pay if you do not show up to the event.

**Reminder: Registration BEGINS at 9 am on August 26!
Please wait until August 26 to sign up for activities.**

Sensory Key for Events

Crowded:  Lights:  Mic:  Noise: 



New Service from the Community Connections Team!

Because the Community Connections Team can't be as many places as we'd like to be, we want to help people served, families and DSPs schedule fun any time - not just when something shows up on the CC Team calendar!

Try the Community Connections Planning Center - a way to find a fun thing to do with friends on your own!

Here's how it works:

STEP 1 - Call Community Connections Manager Krista Smith or email cc@riversidedd.org to talk about ideas for activities.

STEP 2 - The CC Team will assist with planning and coordinating your outing. We can even help with ordering tickets, and arranging transportation if needed (ticket purchases must be reimbursed to Riverside Recreation).

STEP 3 - We can help coordinate activities between friends and assist DSPs in connecting with one another to make events more fun. We can assist with ensuring HIPAA compliance to contact one another.

STEP 4 - The DSP(s) and person/people served attend the activity without CC Team present. (If it is determined that support from the CC Team would be helpful or necessary, we can turn it into a "Fun with Friends" activity.)

Questions? Ready to get started? Call Krista today at 937-310-3260!